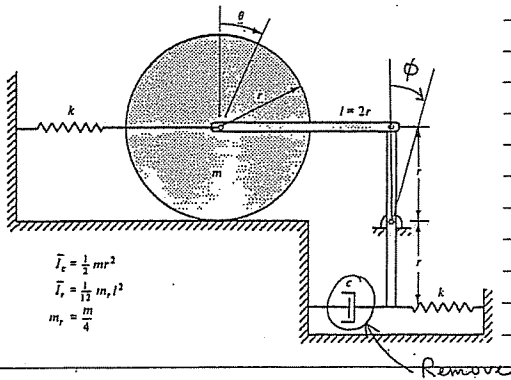


Example 3

Use the energy method, $T_{max} = U_{max}$, to determine the undamped natural frequency ω_n for the system.



$$\begin{aligned} \bar{I}_c &= \frac{1}{2} mr^2 \\ \bar{I}_r &= \frac{1}{12} m r^2 \\ m_r &= \frac{m}{4} \end{aligned}$$

$$\begin{aligned} r\theta &= r\phi \\ \theta &= \phi \end{aligned}$$

$$\begin{aligned} \theta &= \theta_{max} \sin \omega_n t \\ \dot{\theta} &= \theta_{max} \omega_n \cos \omega_n t \end{aligned}$$

$$U_{max} = \frac{1}{2} k (r\theta_{max})^2 + \frac{1}{2} k (r\phi_{max})^2$$

$$U_{max} = k (r\theta_{max})^2 = kr^2 \theta_{max}^2$$

$$T_{max} = \frac{1}{2} I_c (\dot{\theta}_{max})^2 + \frac{1}{2} m (v_c)_{max}^2 + \frac{1}{2} m_r (v_r)_{max}^2 + \frac{1}{2} I_r (\dot{\phi}_{max})^2$$

$(v_c)_{max} = r \dot{\theta}_{max}$ $\dot{\phi}_{max} = \dot{\theta}_{max}$

$$T_{max} = \frac{1}{2} \theta_{max}^2 \omega_n^2 \left[\frac{mr^2}{2} + mr^2 + \frac{m}{4} r^2 + \frac{1}{12} mr^2 \right] = \theta_{max}^2 \omega_n^2 \left(\frac{11mr^2}{12} \right)$$

Setting $T_{max} = U_{max}$

$$\theta_{max}^2 \omega_n^2 \left(\frac{11mr^2}{12} \right) = kr^2 \theta_{max}^2$$

$$\omega_n = \sqrt{\frac{12k}{11m}}$$